



# PROBUZZ...

Monthly Newsletter From

## PROBUS CLUB OF CHENNAI

(Sponsored by Rotary Club of Madras)

Regd (148/2004)

An association of Retired Professionals,  
Businessmen, Government Employees and others

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கொல்லா நலத்தது நோன்மை பிறர்தீமை  
சொல்லா நலத்தது சாஸ்பு.

குறள் 984

பிற உயிர்களைக் கொல்லாதிருப்பது தனத்திற்கு அழகு; பிறர் குறைகளைப்  
பேசாதிருப்பது சான்றாண்மைக்கு அழகு.

Penance consists in the goodness that kills not, and perfection in the goodness  
that tells not others' faults.

## From The President's Desk



Dear Fellow Probians,

Greetings to you all!

It gives me great pleasure to connect with you through our July Newsletter. I am happy to note that peace is gradually returning to the Gulf region, bringing renewed hope for global economic stability.

June was a fulfilling month for our Club. We were honoured to receive a memento from Mr. Alexander Dodonov, Vice Consul and Director of the Russian House, strengthening the warm relationship between our Club and the Russian House.

Our members actively participated in several meaningful activities. Five members attended the HelpAge India programme on Elder Abuse and Protection. We also visited Sathyalok School for Special Children, Porur, and donated ₹ 8,000 towards their noble work. Many members enjoyed the "Embassy of Musical Mastery" programme organised by the Russian House, and our Home Visit to Probian Ranganatha Rao S brought joy and fellowship.

I am delighted that our 34th Annual General Meeting, held on 30th June 2026 at the Russian House, was conducted successfully. The

achievements of the past year were possible because of the unwavering support of our Past Presidents, Executive Committee Members, members, distinguished guests, and well-wishers. I sincerely thank each one of you. My heartfelt appreciation also goes to our Breakfast, Lunch, and Gift Sponsors for their generous support.

As we begin another year, let us continue to uphold the ideals of friendship, fellowship, and service. With your continued cooperation and participation, I am confident that our Club will reach even greater heights.

With warm regards and best wishes,

With warm regards,  
**Annadhurai M.**  
*President, Probus Club of Chennai*

# SECRETARY’S REPORT

Greetings to all Probians,

During the month, the Club remained actively engaged in its administrative and service activities. Three Executive Committee meetings were held to deliberate on important matters relating to the Annual General Meeting, including the approval of the Secretary’s Report and the audited financial statements for the financial year 2025–2026. A Pre-AGM meeting was also conducted to finalize the AGM proceedings, culminating in the successful conduct of the 34th Annual General Meeting on 30th June. Our members also participated in the HelpAge India programme on Elder Abuse

and Protection, reflecting the Club’s continued commitment to the welfare of senior citizens.

It is with deep sadness that we record the passing of our esteemed member, Probian S. Venkatasubramanian. We pay our heartfelt tribute to his memory and extend our sincere condolences to his family. During the month, the Club was also pleased to welcome three new members—Mr. S. Srinivasan, Mr. G. Ananthan, and Mr. E. Nithyanandam Andheri. We extend a warm welcome to them and look forward to their active participation in the Club’s activities.

**Pbn. M. Sappani Pillai**  
*Joint Secretary*

## Wedding Day LIST JULY 2026

| S. No | Name of Probian     | Mem. No. | Wed. Dt | Spouse Name             |
|-------|---------------------|----------|---------|-------------------------|
| 1     | Ramaswami P.P. Dr.  | L-162    | 01.07   | Mrs. Nagamani Ramaswami |
| 2     | V Kannadhasan       | L 399    | 01.07   | K Padmavathy            |
| 3     | Arunachalam M       | L-073    | 02.07   | Mrs. A. Sundari         |
| 4     | Sankar B.           | L-263    | 03.07   | Mrs. Vijayalaxmi        |
| 5     | Jagannadhan V       | L-299    | 05.07   | Mrs. Vijayalakshmi      |
| 6     | Muthukrishnan A     | A407     | 07.07   | V.Pooranam              |
| 7     | Rangasami P.M.      | L-388 C  | 08.07   | ---                     |
| 8     | Vijayakumar.R       | L-354    | 08.07   | S.Malavizhi             |
| 9     | M S Srinivasan      | L 405    | 10.07   | Mrs.Shyamala Srinivasan |
| 10    | Chockalingam V. Dr. | L-161    | 14.07   | Pn Senthamarai A. Dr.   |
| 11    | Senthamarai A. Dr.  | L-032    | 14.07   | Pn Dr. V. Chockalingam  |
| 12    | Shankar M.          | L-224    | 15.07   | Mrs. S. Seethalakshmi   |
| 13    | Pranab K. Basu      | L-108    | 22.07   | Mrs. Sunipa Basu        |
| 14    | Kumaresan M Dr.     | L-252    | 31.07   | Mrs.Chandralekha        |



# EDITOR'S

## COLUMN



**Dear Probian brothers and sisters,**

The 34th Annual General body meeting of Probus Club of Chennai was held on 30th June in the auditorium of the Russian house. It was well attended and proceedings were conducted smoothly. The President of the Club in his welcome gave an overview of the series of events and short tours undertaken in the past twelve months. The Treasurer on his part placed the audited accounts of the club for the approval of members in the AGM. Useful suggestions were given with regard to the clubs website. We thank all the contributors towards breakfast, lunch and AGM gift expenses.

This issue comprises an article on Blood Groups and Their Importance, a piece on Artificial Intelligence and on Freedom Fighter from Tamil Nadu Sri Jagannatha Iyer. Our sister club Probus

Club of Cheyyar held their monthly meeting on 20th June.

Dr V.Ramu a renowned educationist was invited to talk on the subject Praise is an attribute in life. About 40 Cheyyar Probus Club members were honoured on their birthdays.

With more new members joining Probus Club of Chennai it was felt necessary to recommence the column New member details for the benefit of the readership of the newsletter.

The views and opinions expressed in the articles and writeups are solely those of the respective authors. The Probus Club of Chennai does not accept any responsibility for the accuracy, correctness or completeness of the content.

**V.Balachander, Editor**  
Blchndrv781@gmail.com



## We Wish A Very Happy Birthday to all Probians having Birthdays in July 2026

| Sl. No. | Name of Probian           | M.No.                   | Date of Birth |
|---------|---------------------------|-------------------------|---------------|
| 1       | Shankar S                 | L396                    | 01.07         |
| 2       | Krishnamurthy K.          | L-105                   | 05.07         |
| 3       | Ranganathan P.V.          | A-336                   | 05.07         |
| 4       | Paramasivan R             | A409                    | 06.07         |
| 5       | James A.                  | L-375                   | 09.07         |
| 6       | Prasad C.S. Dr.           | L-025                   | 09.07         |
| 7       | Vijayalakshmi Olaganathan | A413                    | 10.07         |
| 8       | Vasanth K.N.              | L-007                   | 11.07         |
| 9       | Dr. G.J.Sudhakar          | A-402                   | 13.07         |
| 10      | Geetha Subramanian Dr.    | L-194-A                 | 14.07         |
| 11      | Ananda Krishnan P.        | L-233                   | 15.07         |
| 12      | Krishnamurthi N.R.        | L-247                   | 15.07         |
| 13      | Ramachandran N.           | L-144                   | 15.07         |
| 14      | Subramanian V.            | L-302<br>(Old<br>A-142) | 15.07         |

| Sl. No. | Name of Probian               | M.No.   | Date of Birth |
|---------|-------------------------------|---------|---------------|
| 15      | Gnanaraj Paul                 | L-104   | 16.07         |
| 16      | Jayashree Kishore             | L-274   | 18.07         |
| 17      | M S Srinivasan                | L 405   | 20.07         |
| 18      | Jayaraman N.                  | L-376   | 22.07         |
| 19      | Mohandoss R. Dr.              | L-216   | 22.07         |
| 20      | Santhanagopalan S             | L-310   | 23.07         |
| 21      | Sarada Nambi Arooran Mrs. Dr. | L-148   | 24.07         |
| 22      | Paramasivam E V               | L - 398 | 24.07         |
| 23      | Chockalingam V. Dr.           | L-161   | 27.07         |
| 24      | Sankar B.                     | L-263   | 29.07         |
| 25      | Suresh Malliya                | L-295   | 30.07         |
| 26      | R Durai                       | L 402   | 30.07         |

## JUNE CONTRIBUTIONS FOR AGM

| Sr. No. | Sunshine      | Amount      | Breakfast                   | Amount       | Scholarship | Amount | Probuzz     | Amount |
|---------|---------------|-------------|-----------------------------|--------------|-------------|--------|-------------|--------|
| 1       | Parasuraman M | 500         | P.T. Veeraiyan              | 5000         |             |        | V. Dhayalan | 700    |
| 2       | Ramaraj V     | 500         | V. Dhayalan                 | 5000         |             |        |             |        |
| 3       | Rajagopalan M | 1000        | J Ragavendra Rao            | 2500         |             |        |             |        |
|         |               |             | R.B. Kishore                | 3000         |             |        |             |        |
|         |               |             | John N G                    | 3000         |             |        |             |        |
|         |               |             | Anatharaman T V             | 5000         |             |        |             |        |
|         |               |             | Brig Jayalakshmi Srinivasan | 2000         |             |        |             |        |
|         |               |             | Rajendran P                 | 1000         |             |        |             |        |
|         |               |             | S. Sankaran                 | 5000         |             |        |             |        |
|         |               |             | G. Vikraman                 | 1000         |             |        |             |        |
|         |               |             | V. Unnikrishnan             | 3000         |             |        |             |        |
|         |               |             | Muthusamy                   |              |             |        |             |        |
|         |               |             | Prabakar                    | 2000         |             |        |             |        |
|         |               |             | Natarajan S                 | 1000         |             |        |             |        |
|         |               |             |                             |              |             |        |             |        |
|         |               |             |                             |              |             |        |             |        |
|         |               |             |                             |              |             |        |             |        |
|         |               | <b>2000</b> |                             | <b>38500</b> |             |        |             |        |

| Sr. No. | Lunch             | Amount       | EC BF             | Amount       | Gift For AGM        | Amount       |
|---------|-------------------|--------------|-------------------|--------------|---------------------|--------------|
|         | V. Balachander    | 1000         | Balachander V     | 500          | V Dhayalan          | 5000         |
|         | R Krishnan        | 1000         | Nelson Philip     | 2000         | M. Chidambaram      | 10000        |
|         | N R Sampath       | 1000         | M.S. Pillai       | 1500         | Dr S. Radhakrishnan | 20000        |
|         | K. Jayashanker    | 1000         | V. Ramaraj        | 500          | Badri P C           | 5000         |
|         | A. Vijayakumar    | 1000         | M. Annadhurai     | 3000         | Vijaya Lakshmi M    | 2000         |
|         | M V Rao           | 1000         | Dr. Keertivanan   | 2000         | Namasivayam R T     | 5000         |
|         | Dr. D S Ramiah    | 1000         | Dr. Bhavani       | 1000         | R Durai             | 5000         |
|         | B. Renganathan    | 1000         | Velumani S P      | 1500         | N Sangameswaran     | 5000         |
|         | V. Dhayalan       | 1000         | Venkoba Rao G     | 1500         | Sundar Shanker      | 5000         |
|         | T.S. Mohanan      | 1000         | N Kumar           | 1500         | Sampath N R         | 10000        |
|         | V. Gopinathan     | 1000         | Rangaramanujam K  | 500          | B. Ramachandran     | 1000         |
|         | S. Natarajan      | 1000         | Dr. Rama Lingam K | 500          | Gunasekaran G       | 7000         |
|         | Dr. D. Dhanasekar | 1000         | Vijayalakshmi M   | 500          |                     |              |
|         | N Kumar           | 1000         | Sugunaraj D       | 1000         |                     |              |
|         | Dr V S Soorian    | 1000         | Jayamani C        | 1000         |                     |              |
|         | V. Ramaraj        | 1000         | Narendran C C     | 2500         |                     |              |
|         | Rajaram Pandian   | 1000         |                   |              |                     |              |
|         | Ashokkumar R      | 1000         |                   |              |                     |              |
|         | Subramanian N V   | 1000         |                   |              |                     |              |
|         |                   | <b>19000</b> |                   | <b>21000</b> |                     | <b>80000</b> |

## 34th Annual General Meeting held in Russian house on 30th June 2026



### NEW MEMBER

**L411 – G.Jagannathan** | Introducer pp Namasivayam |

Dob.:25.08 | 4C, Drranga Road, Mylapore | Mob.:9840518358 | E-mail: jagachitra@gmail.com

**L412 – A.Hari** | Introducer A.G.Pranesan |

Dob.:26.11 | HB71, 2nd Avenue, Besant Nagar, Chennai 90 | Mob.:9342258683 | E-mail: harianant@gmail.com

**L413 – N.Sangameswaran** | Introducer Nelson Philip |

Dob.:16.01 | Ceerus Appaswamy, BLK1, Flt EO14, 84, Arcot Road, Virugambakkam, Chennai 92 |  
Mob.:9940799293 | E-mail: skpj142@yahoo.com | Spouse **Kan Mani.S** | Mob.:9840063822 | Wedding day 22.03.

**L414 – P.S.Srikumar** | Introducer PP Namasivayam |

Dob.:23.02 | new 4, Old 21, Baliah Avenue, Luz, Mylapore, Chennai 4 | Mob.:9884049858 |  
Spouse **Sangeeta** | Dob.:18.06 | Wedding day 23.08.

**L415 – G.Ananthan, C.A.** | Introducer Namasivayam |

Dob.:08.09 | Old no. 14 Tejasvi, Anusuya Street, Rangarajapuram, Kodambakkam, Chennai 24 |  
Mob.:9884168841 | E-mail: abhiappa@gmail.com |  
Spouse **R.Jamuna** | Dob.:06.03 | Mob.:9003030038 | Wedding day 01.11.

**L416 – S.Srinivasan C.A.** | Introducer PP Namasivayam |

Dob.:23.11 | Flat 13, Rams Saptham, 2|19, Jagadeeshan Street, T.Nagar, Chennai 17 |  
Mob.:9884008841 | 9962029620 | Spouse **S.Nirmala** | Wedding day 12.05.

**L417 – Nityanandan E.Andheri** | Introducer Nelson Philip |

Dob.:05.06 | Mob.:9841070765 | SRS Mangala Flats G2, blk A, Teachers Colony, Ambattur,  
14|9 Anna Street, Chennai 53 | Spouse **Malathi** | Mob.:8754194925 | Dob.:15.07 | Wedding day 11.06.



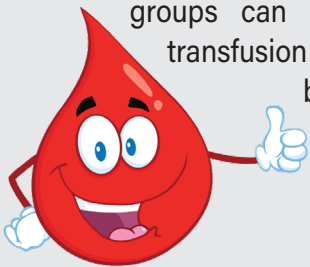
# BLOOD GROUPS:

## A Small Detail That Can Save a Life

Most of us know our phone number, address, and date of birth. **But do we know our blood group? This small piece of information can make a tremendous difference during medical emergencies, surgeries, accidents, pregnancy, and blood transfusions.** Knowing your blood group can save valuable time and, in some cases, even save a life.

Human blood is classified into different groups based on certain markers present on red blood cells. The most common system is the **ABO Blood Group System**, which includes four types: **A, B, AB, and O**. In addition, each blood group is further classified as **Rh Positive (+)** or **Rh Negative (-)**. Thus, blood groups are expressed as A+, O-, AB+, and so on.

Some blood groups are common, while others are relatively rare. For example, Rh-negative blood groups occur in a much smaller percentage of the population. Rare blood groups can present challenges when an urgent transfusion is needed, making donor registries and blood banks extremely important. In very rare situations, finding a compatible donor may require searching across cities or even countries.



Fortunately, finding out your blood group is simple. It can be determined through blood donation camps, routine laboratory testing in hospitals, or as part of a regular health check-up. Once known, it is advisable to keep this information readily available in your wallet, medical records, or mobile phone.

The importance of knowing one's blood group becomes evident during surgery, after accidents involving blood loss, during pregnancy, and whenever blood transfusions are required. Quick access to this information helps healthcare professionals provide timely and safe treatment.

Voluntary blood donation is one of the noblest acts of community service. A single donation can help multiple patients in need. **Strong community blood donor networks ensure that life-saving blood is available when emergencies arise.**

As medical professionals often say, **"Blood donation is the gift of life."** And perhaps the most powerful message is, **"A donor today can be a lifesaver tomorrow."**

Let us all make it a point to know our blood group, encourage our families to do the same, and **support voluntary blood donation.**

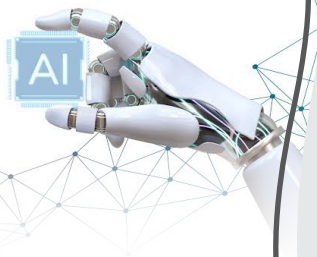
By **Dr. A. Bhavani**

Vice President, Probus Club of Chennai  
Senior Consultant Diabetologist

## Busting the

# AI

## MYSTERY



AI is a technology that enables computers to perform tasks that normally require human intelligence, such as:

- 1) Understanding language
- 2) Recognizing images and speech
- 3) Learning from data
- 4) Solving problems
- 5) Making predictions

### Common Myths About AI

- 1) AI thinks like humans

**Reality:** AI processes data and patterns. It does not possess consciousness, emotions, or self-awareness.

- 2) AI will replace all jobs

**Reality:** AI is more likely to automate certain tasks while creating new opportunities and roles.

- 3) AI knows everything

**Reality:** AI can make mistakes, provide incorrect information, and is limited by its training and available data.

- 4) AI is always unbiased

**Reality:** AI can reflect biases present in the data it was trained on.

### Where AI Is Used Today

- 1) Healthcare: assisting doctors in diagnosis
- 2) Banking: fraud detection
- 3) Education: personalized learning
- 4) Transportation: navigation and autonomous systems
- 5) Communication: translation and virtual assistants

### The Real Mystery

The biggest mystery is not whether machines can think, but understanding human intelligence and consciousness itself. AI can imitate some aspects of intelligence, but human creativity, emotions, values, and consciousness remain fundamentally different.

In short, **\*AI is a powerful tool—not a magical mind.\*** Understanding its strengths and limitations helps us use it wisely.

### AI and Consciousness

AI is best understood as a powerful information processing tool rather than a conscious entity. In short: AI can appear intelligent, but there is no scientific evidence that it is conscious.

Current AI systems can process information and simulate conversation, but there is no evidence that they possess subjective experiences or consciousness.

A machine may know many things. However it doesn't not know that it knows. It may analyses emotions, but it doesn't experience them.

It may describe compassion but it doesn't feel it.

### AI's Confession

I do not have consciousness.

I don't have feelings, beliefs, memories, or self-awareness. Think of me as an incredibly advanced, highly adaptable mirror.

### To conclude

AI is free from consciousness.

AI doesn't have feelings, beliefs, memories or self awareness.

**\*Consciousness\*** is the state of being aware of yourself and your surroundings. It includes your thoughts, feelings, perceptions, memories, and sense of identity.

Curated by  
**R. Varadarajan**

## JAGANNATHA IYER:

### The Unsung Flame of Tamil Nadu's Freedom Struggle

**Jagannatha Iyer** was one of Tamil Nadu's lesser-known yet fiercely committed freedom fighters, whose life embodied the spirit of selfless service and sacrifice that powered India's independence movement. Born in the late 19th century into a traditional Brahmin family in the Thanjavur delta region, he grew up witnessing the injustices of British colonial rule - heavy land taxes, suppression of local institutions, and the draining of India's wealth. That exposure early shaped him into a patriot who believed freedom was non-negotiable.

Unlike leaders who operated from big cities, Jagannatha Iyer's strength lay in grassroots mobilisation. He understood that the soul of India lived in its villages. Moving across the Thanjavur, Tiruvarur, and Nagapattinam districts, he organised secret meetings in temple mandapas, choultries, and



farmers' homes. At a time when British intelligence tracked every public speech, he used religious discourses and bhajans as cover to spread ideas of Swaraj. His message was simple: "A nation that pays taxes but has no say in its governance is not free"

He was deeply influenced by the Non-Cooperation Movement launched by Mahatma Gandhi in 1920. Jagannatha Iyer urged villagers to boycott foreign cloth, courts, and schools, and to revive khadi spinning. He personally trained women and youth in charkha spinning, turning homes into centres of resistance. When the 1930 Salt Satyagraha ignited the country, he led small but determined groups to defy salt laws along the Coromandel coast near Nagapattinam. For this act of civil disobedience, he was arrested multiple times and spent years in the Tiruchirappalli and Vellore jails.

Prison did not break him. Fellow inmates recall that he used jail time to teach Tamil literature, explain the Gita's message of dharma, and keep morale high. After release, he refused any government pension or

recognition, saying, "Freedom was not for rewards, but for duty." Post-1947, he faded into a quiet life, dedicating himself to rural education and temple conservation, believing that a free India must also be a culturally rooted India.

Jagannatha Iyer represents thousands of Tamil Nadu freedom fighters whose names never made it into textbooks but whose courage laid the foundation for independence. He showed that patriotism needs no spotlight - only conviction. Today, as we debate national identity, his life reminds us that true freedom begins when ordinary citizens take responsibility for their land.

In an era of loud narratives, Jagannatha Iyer's silent, steadfast resistance is a lesson: revolutions are won not just by leaders on podiums, but by villagers who choose dharma over fear. His legacy urges us to protect both political freedom and cultural roots - the twin pillars he fought for till his last breath.

**JAI HIND**

**PF C Badri**

## Dates to Remember: Saturday 25<sup>th</sup> July 2026

### Monthly Breakfast Meeting

**Chief Guest:** Padmasri Dr. V.S. Natarajan, *Founder*, Dr. V S Natarajan, *Geriatric Foundation*

**Topic:** Book Release – முழு ஆரோக்யம் உங்கள் கைகளிலே –

Presentation by Dr Abirami Premnath (Muzhu Aarogyam Ungal Kaigalile).

**Venue:** Russian House, 74 Kasturi Rangan Road, Teynampet, Chennai 600018.

**Probn M. Annadhurai**  
Cell: +91 8056001101  
*President*

**Probn. V. Ramaraj**  
Cell: +91 88259 81503  
*Secretary*

**Probn. Nelson Philip**  
Cell: +91 97100 25720  
*Treasurer*

**Probn. V Balachander**  
Cell: +91 9962901964  
*Editor and VP*

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